

Building Family Traditions

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No one has more influence over a child's motivation than his/her parents. Parents' positive actions can help a child develop a positive attitude about new challenges. Goal setting is a good first step. Setting realistic and attainable goals can help students achieve success. Success in one academic area can lead to success in other areas. Discussion of school work on a daily basis will help students place importance on education. When parents share an interest in school work, a child is more likely to do the work.

The most powerful motivator for a child is a parent's attention. Time spent talking and listening to children will make them feel better about themselves and encourage them to do their best. Appreciation also motivates children to do their best. Children try harder when they know their parents appreciate hard work. Positive self-talk helps them meet challenges. Statements such as "I can" or "I'll try" or "I'll do my best" are good examples of self-talk. Such statements will make it easier for children to achieve a goal.

Parents can help get children excited about important matters. That excitement can turn into motivation that will last a lifetime!

*This message was brought to you by your CCS Counselors,
Partners in your child's education.*